



"I am the vine; you are
the branches...apart from
me you can do nothing."
John 15:5

Encouraging Deeper Roots of Faith through Spiritual Formation

-Spiritual Formation Task Group of the SC United Methodist Board of Laity

Spiritual Practices:

Daily Habits for Your Spiritual Journey

October 15, 2011

9:00a.m. – 3:30p.m.

Lexington United Methodist Church, Lexington, SC

Presented by the Conference Board of Laity –

Spiritual Formation Task Group

Website: spiritualformation.umcsc.org/

Today's busy lifestyle can leave us tired and depleted. Spiritual Practices fill us with peace by creating a space to focus on God's heart. These practices draw us away from the chaos of daily living to a place where we connect with our Creator. This workshop will present and allow you to experience daily spiritual practices.

Conference Keynote: Rev. Dr. Elizabeth Canham

Dr. Canham is an author, retreat leader, spiritual director, former seminary professor, and an Episcopal Priest. Her books include Pilgrimage to Priesthood, Heart Whispers, Journaling with Jeremiah, Praying the Bible, Ask the Animals, and A Table of Delight. She now devotes her time to writing, teaching and leading retreats and workshops internationally in many ecumenical settings. To read more about Dr. Canham, visit her website:

<http://www.hospitemundi.org>

Sessions:

Prayer Walking and Labyrinth
Sabbath Keeping
Lectio Divina and Personalizing Scripture
Centering Prayer
Faith Sharing
Meditative Retreats
Tithing
Confession, Communion, Anointing and Healing

Presenter:

Rev. Miyoung Paik
Rev. Kathryn Scarborough
Rev. Sonia Brum
Rev. Todd Davis
Rev. Ken Carter
June Wilson
Donald Love
Rev. Mike Henderson

Who Should Attend:

We encourage clergy and lay persons interested in a deeper spiritual walk, those desiring a more intentional spiritual life, and those seeking the peace of Christ to attend this conference. Churches are encouraged to bring teams of church leaders who want to explore new ways of implementing spiritual practices in the congregation.

Cost:
\$30.00 Early Bird Registration
\$35.00 after October 1, 2011
(includes lunch)

Spiritual Practices: Daily Habits for Your Spiritual Journey
Registration

Name _____

Church: _____

Address: _____

Pastor: _____ District: _____

If Group registration, number attending: _____

Amount Enclosed: (\$30 per person before 10/1) _____

(\$35 after 10/2) _____

Return to: Doris Seals
4908 Colonial Drive
Columbia, SC 29203
or dseals@umcsc.org

For further information contact Doris Seals at dseals@umcsc.org or call (888) 678-6272